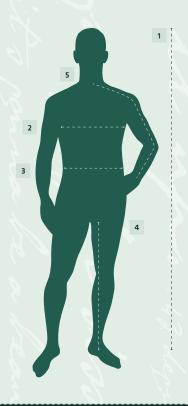
# SIZE & FIT GUIDE



# 3 4 5

# MEN

# 1 HEIGHT

Measure your height from the top of your head to the bottom of your feet (without any shoes on).

# 2 CHEST

Measure around the fullest part of your chest, just under your arms.

# 3 WAIST

Wrap tape around your natural waistline, or where you actually wear your pants.

# 4 INSEAM

Best taken from an existing pair of pants you like. Measure along inseam from the crotch seam to the hem.

# 5 SLEEVE LENGTH

With elbow bent, measure from the center of the back of your neck around your elbow and to your wrist.

| NUMERIC      | 36        | 40        | 44        | 48        | 52        | 54        | 56        | 60        |
|--------------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|
| ALPHA        | S         | М         | L         | XL        | 2XL       | 3XL       | 4XL       | 5XL       |
| NECK         | 14"-14.5" | 15"-15.5" | 16"-16.5" | 17"-17.5" | 18"-18.5" | 19"-19.5" | 20"-20.5" | 21"-21.5" |
| CHEST        | 35"-37"   | 38"-40"   | 42"-44"   | 46"-48"   | 49"-51"   | 52"-54"   | 55"-57"   | 58"-60"   |
| WAIST        | 29"-31"   | 32"-34"   | 36"-38"   | 40"-42"   | 43"-45"   | 46"-48"   | 49"-51"   | 52"-54"   |
| INSEAM (Reg) | 32"       | 32"       | 32"       | 32"       | 32"       | 32"       | 32"       | 32"       |

# **WOMEN**

# 1 HEIGHT

Measure your height from the top of your head to the bottom of your feet (without any shoes on).

# 2 CHEST

Measure around the fullest part of your chest, just under your arms.

# 3 WAIST

Wrap tape around your natural waistline, or where you actually wear your pants.

# 4 HIP

Stand with heels together and measure around the fullest part of your hips.

# 5 INSEAM

Best taken from an existing pair of pants you like.

Measure along inseam from the crotch seam to the hem.

# 6 SLEEVE LENGTH

With elbow bent, measure from the center of the back of your neck around your elbow and to your wrist.

| NUMERIC      | 4/5     | 6/8     | 10/12   | 14/16   | 18/20   | 22/24   |
|--------------|---------|---------|---------|---------|---------|---------|
| ALPHA        | XS      | S       | М       | L       | XL      | 2XL     |
| NECK         | 33"-34" | 35"-36" | 37"-39" | 40"-42" | 43"-46" | 47"-50" |
| CHEST        | 24"-25" | 26"-27" | 28"-30" | 31"-33" | 34"-37" | 38"-41" |
| WAIST        | 34"-35" | 36"-37" | 38"-40" | 41"-43" | 44"-47" | 48"-51" |
| INSEAM (Reg) | 30"     | 30"     | 30"     | 30"     | 30"     | 30"     |